

What is Motor Neurone Disease (MND)?

FACT

- MND is a terminal neurological disease
- There is no known cause, no known cure and no effective treatment for MND
- People with MND progressively lose the use of their limbs, their ability to speak, swallow and to breathe, whilst their mind and senses remain intact
- Each day in Australia more than one person dies from MND and another is diagnosed
- Average life expectancy is 27 months



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Walk to D-Feet Motor Neurone Disease Sunday, 18 April 2010

Join in the fun and help raise funds for services and research provided by the MND Association

Event details

Start / Finish

Sea front of the **Adelaide Sailing Club**, Barcoo Road, West Beach.

Walking via Barcoo Road, Military Road to West Beach Road to Seaview Road, left at West Beach Surf Life Saving Club, along beach front path returning to **Adelaide Sailing Club** (4km - approx 45 mins).

- Wheelchair / stroller friendly
- Free Sausage Sizzle cooked by the Lions Club of Edwardstown
- Water and fresh fruit supplied
- BYO chairs, rug or table
- Breakfast, Coffee, tea, lunch and drinks are available for purchase from the Adelaide Sailing Club
- 10 x 10 minute free massages at end of walk donated by Neurosense Physiotherapy.
- Top Adult and Child fundraiser prizes donated by "be a sport", Burnside Village

Start Times

10.00 am Late Registrations
11.00 am Walk Starts
12 noon BBQ

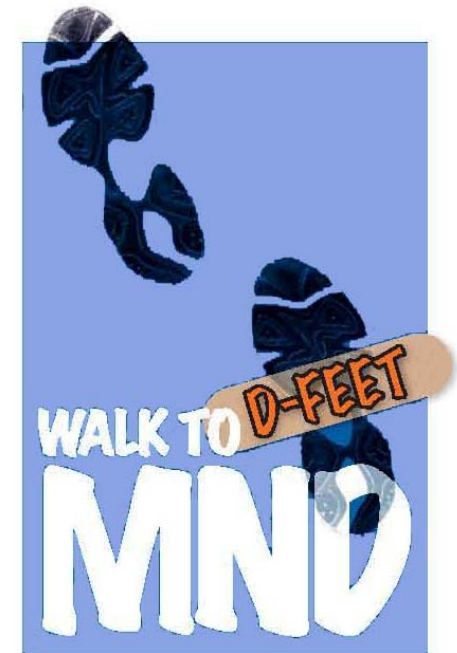
To Enter

Entry Options

- **On-line** registration including your own sponsorship page: go to www.mndasa.com.au
- **Download** registration form www.mndasa.com.au
- **Phone** for registration form MND Association 8234 8448 or freecall 1800 777 157 (country callers)

If inclement weather and you are unsure whether the event will go ahead please phone 0414 986 000.

MOTOR NEURONE DISEASE ASSOCIATION
OF SOUTH AUSTRALIA INC
presents



SUNDAY, 18 APRIL 2010

Adelaide Sailing Club
Barcoo Road, West Beach
11.00 am
4 km Walk



Principal Sponsor

Proudly supported by



Registration Details

If entering as a team : **Team Name:** _____

First Name: _____ Last Name: _____ Adult Child

First Name: _____ Last Name: _____ Adult Child

First Name: _____ Last Name: _____ Adult Child

First Name: _____ Last Name: _____ Adult Child

First Name: _____ Last Name: _____ Adult Child

For additional "Team & Family Names" please use another entry form

Address Details

Total: _____

Street : _____ Suburb: _____

Post Code _____ Phone : _____ Mobile: _____ Email: _____

Emergency Contact Info: Name: _____ Phone : _____

T/shirt (Adults only)

Are T/shirts required this year? Yes No

Please write number required in each box S M L XL XXL XXXL

How did you find out about the Walk? Friend Family Media Mail out Other _____

Are you a Past Walker ? MND Member / supporter ?

Other (please state) _____

Payment Details

Payment by (please tick) Cash Money Order Cheque Please make cheque payable to MNDASA Inc

Visa Mastercard Amount \$ _____

Cardholder's Name: _____ Card No _____ Expiry ____ / ____

Sponsorship Options

Join in the fun and help raise funds for MND Association services and to fund research to fund the cause and a cure for MND. Ask your friends, family and colleagues to sponsor you. **Create** your own sponsorship page attached to **on-line registration or Download** sponsorship form from www.mndasa.com.au or **Phone** the MND Association on 8234 8448. **Great prizes for the highest 'Adult' and 'Child' fundraiser.**

Treat your feet!

Purchase our Walk to D-Feet MND Socks for only **\$6.00 a pair**. Our sports socks are well padded for extra comfort. Visit our website as above or phone our office.

Raffle - We will have a raffle on the day with **great prizes!**



Costs & Dates for Registration

Team or Family (each Adult \$25.00, each child \$5.00)

Adult \$25.00 includes a T/shirt and promotional items

Children \$5.00 (under 18 years) includes a bandana and promotional items

Early registration is encouraged

- Payment by **Monday, 12 April** would be appreciated
- **Late Registrations on the day from 10 am**

Additional Bandanas \$8 each

Additional T/shirts \$12.00 each



Privacy policy

We collect your personal information for the purpose of conducting the event, including identifying participants and communicating with you about this or other events.

Participant 's Declaration (must be signed)

Adults : I have read, understood, accept and agree to be bound by the terms and conditions set out in the Declaration, Waiver and Indemnity and have read and understood the Privacy Statement both of which have been made available to me at www.mndasa.com.au or from 302 South Road Hilton SA 5033

Signed _____

Date : ____ / ____ / ____

Minors : Participants under the age of 18 years on the day of the Event, this section **MUST** be signed by a parent or guardian.

I _____ certify that I am the parent/guardian of _____ (the Minor) who will be ____ years of age on the day of the Event. I confirm that the Minor has my consent to attend at and participate in the Event.

I have read, understood, accept and agree to be bound by the terms and conditions set out in the Declaration, Waiver and Indemnity and have read and understood the Privacy Statement both of which have been made available to me at www.mndasa.com.au or from 302 South Road Hilton SA 5033 and in consideration of accepting the Minor' s application and allowing the Minor to participate in the Event.